

North Carolina Foot & Ankle Society's Winter Scientific Seminar

Thursday, January 15 - Sunday, January 18, 2026

Grandover Resort • Greensboro, North Carolina

Wednesday, January 14, 2026		
Noon – 6:00 pm	Exhibits Move In	Grandville ABD
Thursday, January 15, 2026		
7:00 am – 5:00 pm	Registration Open	Grandville Prefunction
7:30 am – 8:00 am	Continental Breakfast in Exhibits	Grandville ABCD
8:00 am – 5:30 pm	General Sessions for DPMs	Carlisle Ballroom (8.0 CME)
7:55 am – 8:00 am	Welcome Remarks	Asim Raja, DPM
8:00 am – 12:00 pm	Wake Forest Baptist Residents	Ashleigh Medda, DPM, Program Director
8:00 am - 8:20 am	Morton's Neuroma: Offloading vs Injection	Kelly Elliott, DPM (PGY-1)
8:20 am – 8:40 am	Regional Nerve Blocks in Foot and Ankle Surgery	Stephen Facer, DPM (PGY-1)
8:40 am - 9:00 am	Midfoot Pain: Deep Peroneal Neurectomy in Arthritis Management	Nicholas Kafkas, DPM (PGY-1)
9:00 am – 9:20 am	Size Matters (in Wound Care) - A Call to Action	Iyanna Damanze, DPM (PGY-2)
9:20 am – 9:40 am	Ulcers with Underlying OM with Bioactive Split-Thickness Skin Allografts	Stephen Polacek, DPM (PGY-2)
9:40 am – 10:00 am	Mortality Rates of Diabetic Foot Infections Requiring Surgery	Taylor Woodward, DPM (PGY-2)
10:00 am – 10:30 am	Morning Refreshment Break in Exhibits	Grandville ABD
10:30 am – 11:00 am	Barefoot Running: Fact or Fad?	Hayden Bush, DPM (PGY-3)
11:00am – 11:30 am	Complications following surgical treatment of Haglund's Deformity	Brooke Kiefer, DPM (PGY-3)
11:30 am – 12:00 pm	Does Plantar Fasciotomy Deliver? Prospective One-Year Outcomes	Alec Wroblewski, DPM (PGY-3)
12:00 pm – 1:00 pm	Buffet Lunch	Grandview Ballrooms
12:30pm – 12:50pm	Ms. Jean Kirk Meeting with PGY I Residents from Wake Forrest & Cape Fear	Location TBD
1:00 pm - 5:30 pm	General Sessions for DPMs Resume	Carlisle
1:00 pm – 5:30 pm	Cape Fear Valley Residents and Attendings	Kristin McGinness, DPM, Program Director
1:00 pm – 1:20 pm	Straightening Things Out: Approach to Correcting Hammertoes	Riley Westover, DPM (PGY 1)
1:20 pm – 1:40 pm	Hammertoes: A Big Problem	Brock Polish, DPM (PGY 2)
1:40 pm – 2:00 pm	Forefoot Fallout: Managing the Complications No One Talks About	Kim Abrams, DPM (PGY 3)
2:00 pm – 2:20 pm	Bridging the Midfoot: Review of Lisfranc Dislocations	Rachana Patel, DPM (PGY 1)
2:20 pm – 2:40 pm	The Hidden Injury: Surgical Approaches to Lisfranc Instability	Urja Heal, DPM (PGY 2)
2:40 pm - 3:00pm	Caught in the Middle: Challenges	Roxana Toth, DPM (PGY 3)
3:00 pm – 3:30 pm	Afternoon Refreshment Break in Exhibits	Grandville ABD
3:30pm – 3:50pm	Reframing Lateral Ankle Instability: Current Concepts & Clinical Insights	Palak Shah, DPM (PGY 1)
3:50 pm – 4:10 pm	Rolling with the Challenges: Lateral Ankle Case Chronicles	John Harris, DPM (PGY 2)
4:10 pm – 4:30 pm	Hindsight on the Hindfoot: What Complications Teach Us	Usman Javed, DPM (PGY 3)
4:30 pm – 4:50 pm	Saving limbs, Saving Lives: Wound and Limb Salvage Care	Marlyn Thompson, DPM (PGY 1)
4:50 pm – 5:10 pm	Foot Wound Challenges: Multidisciplinary Case Experiences at CFV	Alejandro Alfonso, DPM (PGY 2)
5:10 pm – 5:30 pm	Advances in Post-Surgical Wound Complications and Salvage	Michael Broussard, DPM (PGY 3)

North Carolina Foot & Ankle Society's Winter Scientific Seminar

Thursday, January 15 - Sunday, January 18, 2026

Grandover Resort • Greensboro, North Carolina

Friday, January 16, 2026		
7:00 am – 5:00 pm	Registration Open	Grandville Prefunction
7:30 am – 8:00 am	Continental Breakfast in Exhibits	Grandville ABD
7:55am – 8:00am	Morning Opening Remarks and Updates	Asim Raja DPM
8:00 am – 6:00 pm	<u>General Sessions for DPMs</u>	Carlisle Ballroom (7.75 CME)
8:00 am – 8:30am	MIS Bunions	Conor Keeley, DPM
8:30 am – 9:00 am	MIS Forefoot	Conor Keeley, DPM
9:00 am - 9:30 am	Lateral Ankle Instability	Vyacheslav Makarov DPM
9:30 am – 10:00 am	Morning Refreshment Break / Exhibits	Grandville ABD
10:00 am – 10:30 am	Expanded indications for Arthroscopy	Conor Keeley, DPM
10:30 am – 11:00 am	Charcot/Frames	Daniel Short, DPM
11:00 am -11:30 am	TBA	Daniel Short, DPM
11:30 am – 12:00 am	Arterial & Venous Disease: Basic Concepts to Advanced Revascularization	Sree Nair, MD
Noon – 1:00 pm	Buffet Lunch/ Board of Trustees Meeting	TBA
1:00 pm – 5:00 pm	General Sessions for DPMs	Carlisle
1:00 pm – 1:30 pm	TBA	Hannah Brandt, DPT
1:30 pm – 2:00 pm	TBA	Ross Jenkins, DPM
2:00 pm – 2:30 pm	Back to Basics: AO Principles of Fixation	Meredith W. Dickson, DPM
2:30 pm – 3:00 pm	TBA	Ross Jenkins, DPM
3:00 pm – 3:30 pm	Afternoon Refreshment Break / Exhibits	Grandville ABD
3:30 pm – 4:00 pm	Case Discussion with Polling Questions	Ross Jenkins, DPM
4:00 pm – 5:00 pm	Opioid Prescriber Training	TBA
5:00 pm – 6:00 pm	Risk Management Sponsored by The Doctors Company	Tamela Morgan, Patient Safety Rep
6:00 pm – 7:00 pm	Reception in the Exhibit Hall ☺	Grandville ABD

After Lunch Break

Physician Wellness Track

The Hidden Costs of Medical Office Clutter: Identifying and Eliminating Barriers to Success: Barbara Hemphill

Stress Reduction: Rita Garnto

Workshop with Hannah Brandt, DPT

After PM Refreshment Break

Opioid Prescriber Training

Risk Management

North Carolina Foot & Ankle Society's Winter Scientific Seminar

Thursday, January 15 - Sunday, January 18, 2026

Grandover Resort • Greensboro, North Carolina

Saturday, January 17, 2026		
7:00 am – 3:30 pm	Registration Open	Grandville Prefunction
7:30 am – 8:00 am	Continental Breakfast in Exhibit Hall	Grandville ABD
8:00 am – 12:00	General Sessions for DPMs	Carlisle Ballroom (7.5 CME)
7:55am – 8:00am	Morning Opening Remarks and Updates	Asim Raja DPM
8:00 am – 8:30 am	TBA	Stephen Loehr, MD
8:30 am – 9:00 am	TBA	William Pechter, MD
9:00 am – 9:30 am	Coding	TBA
9:30 am – 10:00 am	Coding	TBA
10:00 am – 10:30 am	Morning Refreshment Break / Exhibits	Grandville ABD
10:30 am – 11:00 am	PAD Patient's Healing with Use of Angiosomes Incision	Stephen Heisler DPM, MHSA
11:00 am – 11:30 am	Wound Healing Pre/Post Revascularization.	Stephen Heisler DPM, MHSA
11:30 am – 12:00pm	Tibial Transport	Tim Volger, DPM
12:00 pm – 2:00 pm	Annual Meeting of the Membership (Boxed Lunch)	Grandview AB Second Floor
12:00 pm – 2:00 pm	Non-Members Lunch Seating (Boxed Lunch)	Beaumont and Berkeley
2:00 pm – 6:30 pm	General Sessions for DPMs	Carlisle
2:00 pm – 2:30 pm	3D Printed Implants	Michael Kerzner, DPM
2:30pm – 3:00 pm	Shockwave Therapy	Kirk Woelffer, DPM
3:00 pm – 3:30 pm	Syndesmotic Injuries	Charles D. Korba, DPM
3:30 pm – 4:00 pm	Patient Specific Instrumentation (PSI) in Total Ankle Replacement	Andrew Regal, DPM
4:00 pm – 4:30 pm	Afternoon Refreshment Break / Exhibits	Grandville ABD
4:30 pm – 5:00 pm	OCD Lesions associated with Lateral Ankle Instability	Paula Ganopadhyay, DPM
5:00 pm – 5:30 pm	Surgical treatments for pre-tibial wounds	Deepali Darji, DPM
5:30 pm – 6:00 pm	TBA	Nick Powers, DPM
6:00 pm – 6:30 pm	Different approach to Haglund's deformity:	Deepali Darji, DPM

North Carolina Foot & Ankle Society's Winter Scientific Seminar

Thursday, January 15 - Sunday, January 18, 2026

Grandover Resort • Greensboro, North Carolina

Sunday, January 18, 2026

7:00 am – Noon	Registration Open	Grandville C
7:30 am – 8:00 am	Continental Breakfast	Grandville Prefunction
8:00 am – 12:00 pm	General Sessions for DPMs	Grandville C
7:55 am – 8:00 am	Morning Opening Remarks and Updates	Asim Raja DPM
8:00 am – 8:30 am	Impact of Health Literacy	Linda Ciavarelli, DPM
8:30 am – 9:00 am	TBA	Linda Ciavarelli, DPM
9:00 am – 9:30 am	5 Things you can implement in your Practice using AI	Dhaval Amin, DPM
9:30 am – 10:00 am	AI Assisted EMR	Ronald Talis, DPM
10:00 am – 10:15 am	Refreshment Break / Checkout if needed	Grandville ABD
10:15 am – 10:45 am	Gun Shot Wounds	Ronald Talis, DPM
10:45am – 11:05 am	OCD Treatment Considerations	Asim Raja, DPM
11:05 am – 11:25 am	Stump Neuroma Allograft Nerve Coaptation (Case Presentation)	Asim Raja, DPM
11:25 am – 11:30 am	Closing Remarks	Asim Raja, DPM
11:30 am –	Meeting Adjourns ☺	

